

Where Practice Meets Theory



FOUNDATION AND APPLICATION OF LEADERSHIP (BBA SEMESTER 4)

(UNIT 2)

Values Extraction from life of Mahatma Gandhi

What is Gandhian ideology?

- Gandhian philosophy is not only simultaneously political, moral and religious, it is also traditional and modern, simple and complex. It embodies numerous Western influences to which Gandhiji was exposed, but is rooted in ancient Indian culture harnessing universal moral & religious principles.
- The spiritual or religious element, and God, are at its core.Human nature is regarded as fundamentally virtuous.All individuals are believed to be capable of high moral development, and of reform.Gandhian ideology emphasises not on idealism, but on practical idealism.
- Gandhian philosophy is a double-edged weapon. Its objective is to transform the individual and society simultaneously, in accordance with the principles of truth and non-violence.
- Truth and nonviolence: They are the twin cardinal principles of Gandhian thoughts. For Gandhi ji, truth is the relative truth of truthfulness in word and deed, and the absolute truth the ultimate reality. This ultimate truth is God (as God is also Truth) and morality the moral laws and code its basis.
- Nonviolence, far from meaning mere peacefulness or the absence of overt violence, is understood by Mahatma Gandhi to denote active love the pole opposite of violence, in every sense. Nonviolence or love is regarded as the highest law of humankind.
- Satyagraha: Gandhi ji called his overall method of nonviolent action Satyagraha. It means the exercise of the purest soul-force against all injustice, oppression and exploitation.
- Sarvodaya- Sarvodaya is a term meaning 'Universal Uplift' or 'Progress of All'. The term was first coined by Gandhi ji as the title of his translation of John Ruskin's tract on political economy, "Unto This Last".
- Swaraj- Although the word swaraj means self-rule, Gandhi ji gave it the content of an integral revolution that encompasses all spheres of life.
- Swadeshi The word swadeshi derives from Sanskrit and is a conjunction of two Sanskrit words. 'Swa' means self or own and 'desh' means country. So swadesh means one's own country. Swadeshi, the adjectival form, means of one's own country, but can be loosely translated in most contexts as self-sufficiency. Swadeshi is the focus on acting within and from one's own community, both politically and economically. Gandhi ji believed this would lead to independence (swaraj), as British control of India was rooted in control of her indigenous industries. Swadeshi was the key to the independence of India, and was represented by the charkha or the spinning wheel, the "center of the solar system" of Mahatma Gandhi's constructive program.

(**Unit 3**)

Values Extraction from Avul Pakir Jainulabdeen Abdul Kalam

An inspiration to many

Known as the Missile Man of India, Dr APJ Abdul Kalam contributed not only to science but also served as the 11th President of India and was widely regarded as the 'People's President'. As an aerospace scientist, Kalam worked with India's two major space research organisations--Defence Research and Development Organisation (DRDO) and Indian Space Research Organisation (ISRO). He often spoke to children and the country's youth — inspiring them to think big in life; he also penned a number of books.

NOTE: If I will ask question for 5 marks you will have write 2 quotes and for 10 marks 4 quotes, Kindly write quotes as written below don't use your own convenient words

Here are some of his most inspiring quotes

- * "Don't take rest after your first victory because if you fail in second, more lips are waiting to say that your first victory was just luck."
- 'Dream, dream, dream. Dreams transform into thoughts and thoughts result in action.''
- "To succeed in your mission, you must have single-minded devotion to your goal."
- * "If you fail, never give up because FAIL means "First Attempt In Learning".
- ***** Creativity is seeing the same thing but thinking differently

- "All of us do not have equal talent. But , all of us have an equal opportunity to develop our talents."
- ✤ A dream is not that which you see while sleeping, it is something that does not let you sleep.
- ***** If you want to shine like a sun, first burn like a sun.
- ✤ Man needs difficulties in life because they are necessary to enjoy success.
- ***** Let us sacrifice our today so that our children can have a better tomorrow.
- I am not handsome but I can give my hand to someone who needs help...
 Because beauty is required in the heart, not in face...
- Two rules for a peaceful life: Depression in failure should never go to heart, and ego in success should never go to the brain.
- Luxury and Lies have huge maintenance costs. But Truth and Simplicity are self-maintained without any cost.
- "If you salute your duty, you no need to salute anybody, but if you pollute your duty, you have to salute everybody."

(Unit 4)

Importance of Social Workers in Society

Social Workers help individuals overcome obstacles and improve their quality of life. A career in Social Work can be challenging at times. But, Social Workers have a direct influence in shaping people's lives for the better.

Workers in this field interact with people from all walks of life, be it the homeless, sick, troubled, or even students. They connect individuals with the resources they

need. For instance, if a student has trouble, their <u>School Social Worker</u> will help them find a tutor and learning disability expert. Many of these people, if not most, would not be able to obtain these vital resources on their own.

What Does Social Work Mean To Social Workers?

- ✤ social justice and economic justice for all community members
- ✤ assistance for anyone who needs it, regardless of background
- ✤ abiding by the professional code of ethics
- promote social welfare for all
- enhance human well-being through healthy human relationships.

* How to develop Mindset of Discipline

Self-discipline is the ability to push yourself forward, stay motivated, and take action, regardless of how you're feeling, physically or emotionally. You're showing it when you intentionally choose to pursue something better for yourself, and you do it in spite of factors such as distractions, hard work, or unfavorable odds.

Self-discipline is different from self-motivation or willpower. Motivation and willpower contribute to it, as do persistence, the ability to follow through on your intentions, and hard work.

Self-discipline is like a muscle: the more you work on developing it and using it, the stronger it will become.

However, it's just as important not to start out with goals that are too ambitious. Instead, set small goals, and increase the level of challenge slowly over time. The more you practice, the better you'll become.