Indus University

Indus Institute of Technology & Engineering Personality Credit Course

CC0239 Personality Enhancement

M. Tech. Sem -II

CC0239 Personality Enhancement												
Program: M. Tech All Branches; Personality Credit Course Semester: II												
Teaching Scheme				Examination Evaluation Scheme								
				University	University	Continuous	Continuous	Total				
				Theory	Practical	Internal	Internal					
				Examination	Examination	Evaluation	Evaluation					
						(CIE)-	(CIE)-					
Lecture	Tutorial	Practical	Credits			Theory	Practical					
2	0	0	2	40	0	60	0	100				

Questions:

Unit-I

- 1. Define attitude. Based on it define who am I?
- 2. Discuss SWOT analysis.
- 3. Do a detail SWOT analysis for yourself.
- 4. What is the importance of self-confidence?
- 5. Differentiate between self-confidence and self-esteem.
- 6. List and discuss factors influencing attitude.

Unit-II

- 1. Define communication and vocal.
- 2. Define verbal and non-verbal communication
- 3. Discuss how communication can be enhance through various activities?
- 4. What is extempore and how it is carry out.
- 5. Case Study: A give book review of your interest/ choice book.
- 6. What are the public speaking activates.
- 7. Explain methods of performing debate and group discussion.

Unit-III

- 1. What is goal setting?
- 2. What are the short term and long term goals?
- 3. What is life time goal? Differentiate among these three types of goals?
- 4. Define value of time and time management?
- 5. How will you prioritize your work among multiple works? Explain.
- 6. What are the various factors of motivation?
- 7. What is self-talk?
- 8. Differentiate and explain between intrinsic and extrinsic motivators.

Unit-IV

- 1. What do you understand by ethics?
- 2. What are the ethical responsibilities of oneself towards environment and society?
- 3. What do you understand by leading by example? Explain with real life example.
- 4. What is concern for quality? Discuss.
- 5. What is concern for success? Discuss.

Reference Reading:

- Covey Sean, Seven Habits of Highly Effective Teens, New York, Fireside Publishers, 1998.
- Carnegie Dale, How to win friends and influence people, New York, Simon and Schuster, 1998
- Thomas A Harris, I am ok, you are ok, New York, Harper and Row, 1972
- Daniel Coleman, Emotional Intelligence, Bantam Book, 2006
- Ethics in Engineering Practice and Research by Caroline &Whitbeck, Cambridge University Press

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Indus University

Mechanical Engineering Dept.